



FGPC/ Selkirk Waterfront Fitness Youth Participant Policy

Athletes under the age of 19 are welcome to participate in paddling programs at Fairway Gorge Paddling Club (FGPC) and gym programs at Selkirk Waterfront Fitness, providing the following conditions are met:

- 1. All FGPC/ Selkirk Waterfront Fitness program participants under the age of 19 are required to have their parent/ guardian fill out a copy of the "[FGPC Digital Waiver](#)" form (youth section). For ongoing program participation, a copy of this waiver must be filled out at the start of each new calendar year.**
- 2. FGPC/ Selkirk Waterfront Fitness program participants aged 16-19 can use the facilities and equipment unsupervised (providing the above waiver has been completed).**
- 3. FGPC/ Selkirk Waterfront Fitness program participants under the age of 16 will need to have a parent/guardian present at all times while using the facility (unless the youth are under the direct supervision of a personal trainer).**

Failure to comply with the above listed conditions will result in restricted access to programs and facilities.