

Paddles UP for August, 2022: Italy, Hawaii, Festivals, Programs, New Gear and More!

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Paddles UP!

FGPC'S August 2022 Newsletter



Welcome to the August, 2022, edition of Paddles UP, FGPC's monthly newsletter on what's new, what's upcoming, and what's cool at the club.



Our ducks are in a row, we're all pulling together, and we're about to make a big splash with the new Vancouver Island Dragon Boat Festival

The medals have been shipped, the trophies polished and our crews are busy working on the final details for the first-ever Vancouver Island Dragon Boat Festival (VIDBF).

The inaugural VIDBF, with racing on Aug. 6 & 7, is hosted at the Fairway Gorge Paddling Club's facility on Victoria's Gorge waterway.

The two-day event will present traditional and new challenges for racers as well as plenty of fun for spectators. A new flag relay race is scheduled for Sunday afternoon.

The entertainment line up features:

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- **Bollywood:** A local bhangra dance ensemble.
- **Fiesta Latina Folklore Dancers:** A Mexican/ Latin dance group that loves to share their culture through the art of dance.
- **Island Ukuleles:** These young ambassadors of music have been delighting audiences at home and abroad for over three decades.
- **Lekwungen Traditional Dancers:** The group is highly sought after to represent the Lək̓ʷəŋən people at significant events throughout the region.
- **Lin Hua Chinese Dancers:** A charming group of young Chinese dancers.
- **Lion Dancers** from the Wong Sheung Hung Fut Kung Fu Club
- **Pablo Cardenas Events:** Latin music performed by a locally renowned jazz pianist with Cuban roots.
- **Pearls of the South Pacific:** Polynesian-inspired music and dance.
- **The Prowl:** A high-energy cover band performing soul, pop, rock and funk, and featuring covers by acts like Nirvana, The White Stripes, The Beatles, Amy Winehouse +Doja Cat.
- **The Midnights:** Some of Canada's finest professional musicians and exceptional young talent from the Victoria High School Rhythm and Blues Band. This is a high-energy, high-octane R+B group with amazing performers.
- **The Sampaguita Performing Arts Group:** The resident performing arts group of the Victoria Filipino Canadian Association, specializing in folk and contemporary dance, music, and theatre.
- **Uminari Taiko Drummers:** This drum collective has been wowing audiences for years, taking inspiration from the roaring sea itself — the sound of waves crashing onto rocky shores and the silences in between.

And vendors and displays: Here's what we have in store for you!

- **Historical Gorge Waterway tours**, featuring local historian Dennis Minaker on Saturday, and knowledgeable ferry boat skippers on Sunday. (Sign up here: <https://fgpcshop.com/historical-tours>)
- **African-Caribbean Cultural Society**
- **Art by Sharon Lam**
- **Asian Family**
- **Atlas Health Therapy**
- **Atleo designs**
- **BC Cancer Foundation**
- **Brazilian Delicacies**
- **Candytime Victoria**
- **Christina Rempel**
- **Don't Bannock**
- **FGPC's Waterfront Outfitters**
- **Japanese Nikkei club**
- **Kim McLachlan**
- **Pacific Peoples' Partnerships**
- **Scimitar Sports**
- **Smartklean and Norwex**
- **Taiwanese Association**
- **Telus**
- **Vince's Creations**
- **Wong Sheung Kung Fu club**

As you can see, the Vancouver Island Dragon Boat Festival is going to be fun for everyone, and provide a strong foundation to build FGPC's Island Race Series over the coming years.

Future events



Guts and Glory

Sunday, September 17, 2022

Dragon Boat Race & Outrigger Races ~ 1000M Straightshot Qualifiers / 1500M Oval Finals / Doublestart Championship Rounds

This is a fun event, especially for those who love dragon boating and outrigger canoeing. This unique day of racing provides crew boat racers (in dragon boats and OC6s) with opportunities to test their endurance and entertain spectators.

- Registration Fees
 - Dragon Boats:
 - \$600 including GST
 - OC6:
 - \$180 including GST
- [CLICK Here to register](#)

BC 55+ Games

Thursday, September 15, Friday, September 16, 2022

This year's BC 55+ Games dragon boat races are being produced by FGPC in Victoria.

We're proud to be part of games, where more than 2,500 competitors will participate over four days in 22 sports and activities including dragon boating, hockey, tennis, running, horseshoes and cribbage.

Events will be held across the CRD in Langford, Saanich, Victoria, Oak Bay and Esquimalt.

Fall Programs

Our head coach Marcus Krieger and his team of coaches are hard at work developing FGPC's new fall program offerings.

We'll be building on the strengths we've developed over the past few years and will have a full suite of options available by mid-August, plus something a little more fun than usual.

Our success as competitors comes from year-round training, both on and off the water, and autumn is a beautiful time for paddling on the Gorge waterway.



We've received a new selection of Kialoa paddles and some other goods to bolster our selection of paddling gear at Waterfront Outfitters.

Kialoa's Dave Chun has done a great set of videos about each paddle's attributes. (Check out the links below.)

We found one about the Mekana, a paddle designed for female athletes – to be particularly interesting. And who knew Nehu is Hawaiian for anchovy?

- [Hoku Outrigger paddle](#), 47"- 51": \$405 + tax
- [Mekana Outrigger paddle](#), 46"- 49": \$405 + tax
- [Nehu Outrigger paddle](#), 47"- 50": \$405 + tax
- [Biscuit steering blade](#), 48"- 51": \$405 + tax
- [Hawaiki double bend steering blade](#), 48"- 51": \$460 + tax
- Outrigger paddle bag: \$102.99 + tax

Also new in stock:

- Vaikobi downwind surf hat in grey or orange: \$42.50 + tax
- Vaikobi 1.5L hydration bladder: \$59.99 + tax
- Vaikobi waterproof phone case in cyan, grey or orange: \$34.99 + tax
- Mustang Reflex PFD, Red-Grey, XS/S: \$104.99 + tax
- Mustang Reflex PFD, Royal Blue-Navy, XS/S, M/L: \$104.99 + tax
- Mustang Reflex PFD, Yellow-Grey, XS/S, M/L, XL/XXL: \$104.99 + tax



GET READY TO RACE IN THE LAND OF ANGELS — JOIN FGPC'S ADVENTURE TO RAVENNA ITALY

We're working on getting you to Italy

Ready for a new adventure? Stay tuned for FGPC club crews, Italy 2024, as we work on details for a new, exciting dragon boat program.

Watch for details in our next newsletter.



FGPC's 2022 Hawaii Program:

For an amazing paddling experience and a great way to build your small-boat skills in beautiful warm water, you might want to consider our Hawaii Program.

This program, in Oahu, is early in December, before the mad Christmas rush hits. Participants must be confident swimmers, and have sufficient OC1 experience and fitness levels to handle 90-minute to 120-minute daily paddling sessions.

Hawaii program quick sketch:

1. 7 days at a waterfront luxury Kailua 5-bedroom beach home (7 nights) from Sunday 4 December through Saturday 10 December
2. Location: Kailua, Oahu (a 20-minute drive north of Honolulu / Waikiki)
3. Daily access to OC1s and OC2s as well as OC6 sessions (OC6 located on Lanikai Beach)
4. Daily stroke and surf coaching by Marcus Krieger
5. Training and fun in warm-water surf in beautiful Kailua Bay as well as Lanikai Beach and "the Mokes"

What's included:

1. Fee of \$3250 CAD per person includes:
 1. shared accommodations (up to 10 people, including coaches)
 2. shared rental vehicles, insurance and fuel
 3. daily access to carbon OC1s and OC2s
 4. onsite coaching (Marcus Kreiger)
 5. onsite guide and safety (Erik Ages, who knows the local waters, hazards and paddling zones)

About the property: Full kitchen, 4-bedroom / 4-bathroom on 1 acre of beachfront

1. First Floor Master Bedroom 1 = King Bed
2. First Floor Guest Bedroom 2 = Queen Bed
3. First Floor Guest Bedroom 3 = Queen Bed
4. Upstairs (Loft) Bedroom 4 = King Bed

Payment and booking options:

1. Total of 8 participants can pay in lump sums of \$3250 CAD, or enrol in a 4x payment plan of \$812.50 in August / September / October / November
2. Participants responsible for airfare and associated Canadian ground transportation, travel insurance, incidentals, food and beverages and any damages to boats or equipment for which they are responsible
3. Participants' fees are non-refundable (unless the trip is cancelled entirely for everyone), so trip cancellation insurance is advisable
4. Participants are required to bring their own paddles and PFDs
5. FGPC staff will transport paddles for participants (at no cost to participants)
6. Leashes, huli straps and other safety gear supplied by FGPC staff

Interested? Sign up here: <https://fgpcshop.com/hawaii2022>

FGPC Paddles UP Newsletter

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