



AN ANNUAL RACE FOR MEN'S HEALTH

**12TH ANNUAL
WETDASHE**

18-19 NOVEMBER 2023

RACE INFORMATION PACKAGE (V1)

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PRESENTED BY

**FAIRWAY GORGE PADDLING CLUB
2940 Jutland Road
(at the Selkirk Waterfront on the Gorge)
Victoria BC Canada**



2023 Fairway Gorge Paddling Club WetDashe Information Package

Date: Saturday - Sunday 18-19 November 2023

Location: Fairway Gorge Paddling Club (FGPC), 2940 Jutland Road, Victoria BC

Race Distance: 12km - 4-Lap Short Course / 24km - 8-Lap / 48km - 16 lap (running concurrently based on advance crew registrations for one of these three distances).

Race Categories: Mixed (no less than three women must be in the canoe at any one time), Women's, and Open (exhibition); non-compliant gendered crews can race as open/exhibition (e.g. all-male crews or crews with over-quota males can apply to register and race as open along with mixed crews with results logged in the open category).

Boats: Pre-assigned SPEC (12km and 24km) and ULTRALIGHT (48km) boats only. All boats are supplied and pre-assigned to registered teams by FGPC, no exceptions. Please help us treat our canoes with care. Grid assignments/start positions may change on race days. Boat allocations and start times (supplied below) will be confirmed on race day.

Donations to the BC Cancer's [Wetdashe Men's Health Fund](https://bccancerfoundation.com/events/community-event/fairway-gorge-paddling-club-12th-annual-wet-dashe/) (<https://bccancerfoundation.com/events/community-event/fairway-gorge-paddling-club-12th-annual-wet-dashe/>) will be calculated and included as time advantages up until midnight of Friday 17 November

Individual and team donations can be made online [HERE](#):



Race Formats

- 12KM Short Course (4 x 3km laps) (running concurrently with 24km and 48km)
- 24KM Long Course (8 x 3km laps) (running concurrently with 12km and 48km)
- 48KM Ultra-Long Course (morning and afternoon)
- Crews can be comprised of mixed gender, women's and open (exhibition) crews; note that roster compliance is mandatory for the sake of fair play; rosters can not be amended after registrations have closed. Spares may be permitted for multiple entries by means of advance registration and supplementary payments (which include tech race shirts if registered and ordered before November 1st); no substitutions can be made without the registrar and/or race director's permission.
- For mixed crews, no less than 3 women must be in racing boats at all times. Open status is permitted by the race director with advance notice in the event a crew's roster becomes non-compliant.



2023 Fairway Gorge Paddling Club WetDashe Information Package

- Race course and rules will be reviewed at steers' meetings held before the start of each heat; a race map is attached to this information package.
- RACE INSTRUCTIONS
 - a. The race begins in a predetermined staggered start order, 60 seconds apart, from the north end of the main dock (1) then proceeds north in an ama-side arc around buoys placed around Halkett Island (2), west around V24 (3) then south under Bay Bridge toward Johnson Bridge. South of Johnson Bridge, crews will complete ama-side turns around high-visibility buoys placed approximately 500-metres apart (4 & 5) south of Johnson Bridge. Canoes will then return by heading north under Bay Bridge to the "dock-change corral" marker (6) before docking, as instructed, at the main dock (1) to complete each lap. Note that NO PASSING is permitted within the "change corral" zone.
 - b. When heading south, canoes must proceed through the west span of Bay Bridge. When heading north, canoes must proceed through the east span of Bay Bridge.
 - c. Canoes will enter the "dock-change corral" approximately 100-metres south of the main dock; no passing is permitted after passing the corral entrance and when approaching the main dock, where crews will be directed by dock officials to proceed to one of three docking locations (3=south; 2=middle; 1=north) to perform "dry" crew changes after a complete stop.
 - d. Canoes MUST come to a complete stop before unloading and before loading fresh or returning paddlers.
 - e. Dock change officials will issue four commands to each docked crew: Hold! Out! Load! Go! Crews must comply with these four instructions to avoid time penalties.
- Full crew changes must occur on the dock after each lap, even if selected crew members are racing multiple laps; a pre-assigned paddler (seat 5) will be required to remove a baton clipped to a loop between seats 4 and five, and strike a gong at a muster station located on the main dock; s/he must then pass the baton to his or her replacement seatmate who will then re-affix it to the loop between seats 4 and five before proceeding to the next lap.
- Water marshals will be stationed at each buoy, and dock attendants will be at each dockside loading station to direct canoe traffic / loading; time penalties (from 10 seconds to 1 minute) will be assessed for teams who do not follow water and dock marshal instructions; these penalties will be assessed and allocated when final race times are tabulated.
- PFDS MUST BE WORN DURING THE RACE AND ON THE DOCKS AT ALL TIMES.
IMPORTANT NOTE: FGPC permits non-Transport-Canada-certified PFDS (e.g. Vaikobi) for "inside-water" races, for which we have safety boats within line-of-sight that have certified PFDS on board in the event of emergencies.
- Results are based on total accumulated time along with any BC Cancer time credits factored into final times (these will be explicitly displayed). Lap times will be published after the event, along with penalties and credits as well as division type, hull type and other comparative information.

Each pre-registered paddler will be provided with a "tech" Wetdashe paddling shirt, with pre-ordered sizing or assigned sizing based on roster numbers (and depending on if you provided sizing before the production deadline). Team captains can pick up their team bags of tech shirts when they



2023 Fairway Gorge Paddling Club WetDashe Information Package

check in at registration. FGPC will not provide shirt exchanges or race shirt returns, but paddlers and crews can arrange to swap shirts with each other as they wish. Limited sizes and quantities of Wetdashe shirts will also be available for sale at FGPC's Waterfront Outfitters for \$29.99 plus tax.

Awards and prizes will be distributed after each heat. Prizes will be allocated by random draw.

SATURDAY Schedule / 18 November (DAY 1)

8:00am	Registration and Check in
9:00am	Steering meeting Morning Heat
9:15am	Heat 1 boats load
9:30am	12 / 24km and 48km AM Course RACE START
12:00pm	Heat 1 Awards and Prizes
12:30pm	Steering meeting Afternoon Heat
12:45pm	Heat 2 boats load
1:00pm	12 / 24km and 48km PM Course RACE START
3:30pm	Heat 2 Awards and Prizes

SUNDAY Schedule / 19 November (DAY 2)

9:00am	Registration and Check in
10:00am	Steering meeting Morning Heat
10:15am	Heat 1 boats load
10:30am	12 / 24km AM Course RACE START
1:00pm	Heat 1 Awards and Prizes

Grid assignments/start positions may change on race day.

Boat allocations will be confirmed on race day.

Crews must race in their assigned boats (e.g. numbered bows 1 through 14).

See full schedule on next page.



**2023 Fairway Gorge Paddling Club
WetDashe Information Package**

Saturday Morning 9:30 AM	Boat # and Start Order	Hull	Course	Race Date and Time	Gender	Category
PC Mataatua	1	Spec	12/24	Saturday AM	Mixed	Open
PC Taunui	2	Spec	12/24	Saturday AM	Mixed	Open
PC Aotea	3	Spec	12/24	Saturday AM	Mixed	Open
PC Takitumi	4	Spec	12/24	Saturday AM	Mixed	Open
FCRCC Kupunas	5	Spec	12/24	Saturday AM	Mixed	Masters (59+)
SLCC Stashes & Lashes	6	Spec	12/24	Saturday AM	Mixed	Masters (39+)
FGPC Lima Mahina	7	Spec	12/24	Saturday AM	Mixed	Open
NOPC Honey Badgers	8	Spec	12/24	Saturday AM	Men	Masters (39+)
VIP Parrotheads	9	Spec	12/24	Saturday AM	Mixed	Masters (39+)
FCRCC WMO	10	Spec	12/24	Saturday AM	Mixed	Open
FGPC Gorge Outrigger Blue	11	Ultralight	48	Saturday	Mixed	Masters (39+)
CVCRC The Hanging Breasticles	12	Ultralight	48	Saturday	Mixed	Masters (39+)
FGPC Gorge Outrigger Orange	13	Ultralight	48	Saturday	Mixed	Masters (49+)



**2023 Fairway Gorge Paddling Club
WetDashe Information Package**

Saturday Afternoon 1:00 PM	Boat # and Start Order	Hull	Course	Race Date and Time	Gender	Category
FVPC Goons with Spoons	1	Spec	12/24	Saturday PM	Mixed	Masters (49+)
FLCC Holo Nui	2	Spec	12/24	Saturday PM	Women	Masters (39+)
FLCC Aumakua	3	Spec	12/24	Saturday PM	Women	Open
FLCC Golden Racers	4	Spec	12/24	Saturday PM	Mixed	Masters (59+)
SIPC Kekoia Spirit	5	Spec	12/24	Saturday PM	Mixed	Masters (49+)
LSC Lotus Sports Club	6	Spec	12/24	Saturday PM	Mixed	Open
FCRCC Ohana Spirit Lightning	7	Spec	12/24	Saturday PM	Women	Masters (49+)
FLCC YKYMF	8	Spec	12/24	Saturday PM	Women	Masters (59+)
FLCC Catalina	9	Spec	12/24	Saturday PM	Mixed	Masters (49+)
FCRCC Maui Chicken	10	Spec	12/24	Saturday AM	Mixed	Masters (39+)
FGPC Gorge Outrigger Blue	11	Ultralight	48	Saturday	Mixed	Masters (39+)
CVCRC The Hanging Breasticles	12	Ultralight	48	Saturday	Mixed	Masters (39+)
FGPC Gorge Outrigger Orange	13	Ultralight	48	Saturday	Mixed	Masters (49+)



**2023 Fairway Gorge Paddling Club
WetDashe Information Package**

Sunday Morning 10:30 AM	Boat # and Start Order	Hull	Cour se	Race Date and Tim	Gender	Category
MB Wet Whiskers of Maple Bay	1	Spec	12/24	Sunday AM	Mixed	Open
FLCC Sirens	2	Spec	12/24	Sunday AM	Mixed	Open
VCKC Wolf Pack Running Wild	3	Spec	12/24	Sunday AM	Mixed	Masters (39+)
FGPC Intermediate Women	4	Spec	12/24	Sunday AM	Women	Masters (49+)
FGPC Intermediate Mixed	5	Spec	12/24	Sunday AM	Mixed	Open
JPC Shakabuku	6	Spec	12/24	Sunday AM	Mixed	Open
FGPC Gorge Outrigger White	7	Spec	12/24	Sunday AM	Mixed	Open



2023 Fairway Gorge Paddling Club WetDashe Information Package





RACE INSTRUCTIONS

1. The race begins with a staggered start from the north end of the main dock (1) and proceeds north in an ama-side arc around Halkett Island (2), west around V24 (3) then south under Bay Bridge toward Johnson Bridge before returning via ama-side turns around two high-visibility buoys placed 250-meters apart (4 & 5). Canoes will then return by heading north under Bay Bridge to the "change corral" marker (6) and then docking, as instructed, at the main dock (1) to complete a lap.
2. Canoes must proceed through the west span of Bay Bridge when southbound, and through the east span of Bay Bridge on the northbound return.
4. Canoes will enter a dock-change corral approximately 100-meters from the main dock; no passing is permitted after passing the corral entrance and when approaching the main dock, where crews will be directed by dock officials to proceed to one of three docking locations (3=south; 2=middle; 1=north) to perform "dry" crew changes when docked.
5. Canoes **MUST** come to a complete stop before unloading and before loading fresh or returning paddlers.
6. Dock change officials will issue four commands: Hold!; Out!; Load!; Go! to ensure safe stops, unloads, crew changes and restarts from the main dock.
7. Time penalties will be issued to crews that do not adhere to water marshals' and dock officials' instructions or who do not follow procedures.



2023 Fairway Gorge Paddling Club WetDashe Information Package

RACE LOCATION:

Fairway Gorge Paddling Club

BOATHOUSE / 115-2940 Jutland Road, Victoria BC

Tel. 778-432-3472

Email: info@fgpaddle.com

Fairway Gorge Website: www.fgpaddle.com

LOCAL AND VISITING TEAMS ONSITE AMENITIES

Free parking is available at 320 and 401 Garbally Road Robins-monitored parking spaces that are NOT marked as “RESERVED.”

FGPC Wetdashe is an outdoor event, and FGPC is pleased to provide sufficient tent space for all teams placed around the promenade and shoreline area beyond the main dock area, first come first served. Do not move or alter these tents; preventable damage to FGPC-supplied tents will incur replacement charges. Portable and public washroom facilities are also available to teams and spectators during the races.

FOOD & BEVERAGES

FGPC staff and volunteers will be serving:

- **Pre-ordered lunch combos** (available after each scheduled race)
- Assorted hot & cold beverages (Coffee, Tea, Hot Chocolate, Pop)
- Assorted baked goods (muffins, cookies, carrot & nanaimo, chocolate squares, Honey Buns & BBQ Pork Buns)
- Limited hot Borscht soup and Cabbage roll and Pierogi meals

Note: All PRE-ORDERED & PAID LUNCH COMBOS are available for pick-up after your scheduled races each day.

ABOUT THE FAIRWAY GORGE PADDLING CLUB (FGPC)

Fairway Gorge Paddling Club is a non-profit society that operates paddling programs, events and regattas in addition to operating a fitness facility, Waterfront Fitness, and Waterfront Outfitters, a paddling and fitness retail store located in the Victoria’s Selkirk neighbourhood. FGPC is dedicated to sharing the benefits of paddle sports and fitness with people of all ages and abilities. Visit www.fgpaddle.com for more information.